

Machu Pichu, Peru September 2013



Sabbir(Sam) visited several city of Peru and discovered mouth watering Dishes. Head Chef of Mantra restarant ,Lima Peru shared CREAMY Jalfrazi & Rogan Josh Cooking with Sam.

International taste(UK PERU recipe)

Creamy Jalfrazi

Cooked with green chillies & warm creamy spices in UK-PERU style

Vegetable	£7.95
Chicken	£8.95
Meat	£9.95
King prawn	£10.95

Creamy Rogan Josh

Cooked with fresh garlic & medium creamy spices in UK-PERU style

Vegetable	£7.95
Chicken	£8.95
Meat	£9.95
King prawn	£10.95



Healthy steamed rice

~~~~~ A few useful explanations ~~~~~

Tarka Dall: Red lentil making an exotic dish tempered with garlic

Chicken Tikka Masala: Barbecued chicken cooked in masala sauce.

Sheek Kabab: Spiced minced lamb cooked in tandoor on hot skewer.

Onion Bhaji: Gram flower coated onion deep fried to a crispy texture.

Bombay Aloo: Potatoes tossed with onions & spices in a cast iron dish.

Balti dishes are cooked with onions, tomatoes & chopped capsicums using special herbs & spices in a cast iron Balti dish to glow.

Korma: Mild spices & fresh cream coconut to create creamy dish.

Dairy free living and delicious recipes for a healthier lifestyle

Pure Vegan



Many great products that make it easy to replace dairy and eggs

STARTERS

Vegetable Chapati Puree	£4.95	Spice Mushroom	£3.95
Aloo Pakora	£3.95	Vegan Mix starter	£4.95

Vegan Main Courses

Channa Aloo Jalfrezi	£7.95	Mushroom Aloo Bhuna	£7.95
Vegetable Vegan Masala	£8.95	Vegetable Gobi Rogan Josh	£7.95
World Vegetable jalfrazi	£7.95	Tofu Bhuna	£7.95
Palak Aloo Bhuna	£7.95	Aubergine Mushroom Balti	7.95

Side Dishes and Sundries

Bombay Potatoes	£4.95	Sag Aloo(Spinach & potatoes)	£4.95
Mixed Vegetable bhaji	£4.95	Bhindi bhaji	£4.95
Aloo Gobi(Cauliflower)	£4.95	Vegetable or mushroom Rice	£3.95
Aubergine Bhaji	£4.95	Chapati	£1.65



Sam & Forest Boss Frank Clerk at a Cultural show sponsored by BaltiHouse



Sam and Pakistan cricket star Azhar Mahmood at Balti House Restaurant



Sri Lankan cricket legend Sanath Jayasuriya and Sam at Balti House

~~~~~ A few useful explanation ~~~~~

Dupiaza :Preparation of onions & medium spice create an onion dish

Bhuna :Medium tomato based medim spicy dish nicely thick sauce

Jalfrazi : Cooked with green chillies & warm spice like home cooking

Dansek : Lentils fresh spices & pineapple. A sweet sour mild dish

Tandoori Chicken: Marinated chicken barbecued in its own juices cooked in Tandoor (Clay oven) **Chicen Tikka** is the off the bone choice

TAKE AWAY
August 2020

The Balti House

www.thebaltihouse.com

حلال

Halal



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Large order £25 call for delivery availability

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Hockley Lace market **Tel 0115 9472871(5.30- 11.00 pm)**
Nottingham NG1 3AG **Collection from outside Balti House**

Opening Hours

Monday to Thursday 5.30 to 10.00 pm
Friday to Saturday 5.30 to 11.00 pm

Balti Style Set Menu £11.35

Choose a starter & a Main course
With Rice or Nan or a Tandoori Roti



Starters

Main Dishes

Spiced Mushroom

Chick peas (Chat)

Aloo Pakora(potato)

Balti chicken or Prawn

Balti Salmon (+ 95p)

Balti Meat (+ 95p)

Balti Paneer(cheese)**or Balti Veg**

Starters served with red Diamond chutney

SHEEK KABAB



CHICKEN TIKKA



Chefs choice of mixed starters £4.95

Samosa (Meat or Veg) £3.95 Onion Bhaji..... £3.95

Chicken or Prawn Puree £4.95 Hot meat or Chicken. £4.95

Chicken Tikka.....£4.95 Sheek Kabab £4.65

Latest Deshi Dishes Pure home style



Deshi Chicken £9.95 Deshi Meat (mutton) £10.95

Traditional Main Course

Korma (very Mild)		Dansak (sweet & Mild)	
Chicken	£7.95	Chicken	£7.95
Meat	£8.95	Meat	£8.95
King Prawn	£9.95	King Prawn	£9.95

Madras (Hot curry)

Vegetable	£7.95	Prawn	£7.95
Chicken	£7.95	Goan Fish	£7.95
Meat or KEEMA	£8.95	King Prawn	£9.95

Ceylon (very hot juicy curry)

Naga (Hottest cury)

Chicken or Prawn £8.95 Meat £9.95 King Prawn £10.95

Birani Dishes (Medium)

The following are mixed with Basmati Rice, Veg fried with biryani masala and a separate sauce is included

Vegetable Birani	£7.95	King prawn Birani	£10.95
Chicken Tikka Birani	£8.95	Mutton or Keema	£9.95

Tandoori Dishes served with salad & sauce



Tandoori Mixed Grill £9.95

Tandoori Chicken, Tikka and kebab

Chicken Tikka (off the bone) £8.95

Fish Tikka (coated) £8.95

White boneless fish with spicy fry

Tikka Specials

Chicken Tikka Masala	£7.95	Chicken Tikka Jalfrazi	£8.95
Chicken Tikka Balti	£8.95	Chicken Tikka Roganjosh	£8.95

Chef's Specialties

Patro Chicken £8.95 **Balti House Special** £8.95
Cooked in cast with khaliber spice Meat, chicken cooked with fresh herb
Only place in UK cooking Patro. and garlic to produce best spicy flavo r

Balti Chicken £7.95

Garlic chilly chicken £8.95

Balti Prawn £7.95

Balti King Prawn £9.95

Popular Dishes

Chicken Makhani £7.95 **Chicken Dupiaja** £7.95
Yogurt & butter speciality Extra onion taste dish

Bhuna Chicken £7.95 **Jalfrazi Chicken** £7.95

Above dishes with Meat £8.95 or King prawn £9.95

Popular side Dishes

Bombay Potatoes	£4.95
Tarka Dall	£4.95
Vegetable bhaji	£4.95
Aloo Gobi cauliflower	£4.95
Mushroom Bhaji	£4.95
Sag Paneer Indian cheese	£5.65
Matter Paneer	£5.65

Sundries

Nan Bread	£1.95	Papadom	£0.85
Tandoori Roti	£1.95	Steam rice	£2.45
Chapati	£1.65	Pilaw Rice	£2.45
Peshwari Nan	£2.65	Chips	£2.55
Garlic Nan	£2.65	Chutney (each)	£0.55
Keema Nan	£3.35	Raitha	£1.95

Please allow adequate time for delivery as each meal is freshly prepared to the high standard you expect from The Balti House after your order is taken

Pure Vegetarian Meal



Starters

Chef's mixed Vegetable starters £4.95

Vegetable Samosa	£3.95	Onion Bhaji	£3.95
Vegetable puree	£4.95	Spiced Mushroom	£3.95
Chickpeas chat	£3.95	Aloo Vegetable Pakroa	£3.95

Vegetarian Main Courses

Sag Paneer (Indian cheese)	£7.95	Vegetable Balti	£7.95
Paneer Jalfrazi warm	£7.95	Vegetable patro Root spice	£8.95
Paneer Tandoori masala	£8.95	Matter Paneer Grdn peas	£7.95
Channa sag Spinach & cck peas	7.95	Paneer Makhani	£7.95
Channa jalfrazi Balti (warm)	£7.95	Vegetable jalfrazi (warm)	£7.95

Vegetarian side dishes

Bombay Potatoes	£4.95	Vegetable bhaji	£4.95
Sag Paneer (Indian cheese)	£5.65	Mushroom Bhaji	£4.95
Matter Paneer	£5.65	Aubergine Bhaji	£4.95
Aloo Gobi cauliflower & Potato	£4.95	Tarka Dall	£4.95

Nan Bread	£1.95	Papadom	£0.85	Chips	£2.55
Tandoori Roti	£1.95	Steam or pilaw rice	£2.45	Chutney (each)	£0.55
Chapati	£1.65	Garlic or Peshwari Nan	£2.65	Raitha	£1.95

Goan Fish Specials

Choice of Mild or Medium or Spicy



Main Courses

Goan Fish Masala	£8.95	Goan Fish Jalfrazi	£8.95
Goan Fish Balti	£7.95	Goan Fish Bhuna	£8.95